

THE official Schedule of the
TEXAS TOUGH gymnastics competition
 Contact: texastoughmeet@gmail.com

January 19-21, 2024

Kay Bailey Hutchison Convention Center
 650 South Griffin St, Dallas, TX 75202

**All Teams Participate
 in "Super Cup" Awards**



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FRIDAY

RED GYM

SESSION 1 **USAG • XD, L9, L10**
 WARM UP - 6:00 PM <<RANGERS Awards>>

WHITE GYM

SESSION 1 **USAG • L3**
 WARM UP - 6:00 PM <<RANGERS Awards>>

BLUE GYM

SESSION 1A **MEN'S • L3-L4**
 WARM UP - 5:30 PM <<Cowboys Awards>>

SESSION 1B **MEN'S • L5-L10**
 WARM UP - 7:00 PM <<Cowboys Awards>>

SATURDAY

RED GYM

SESSION 2 **USAG • L8**
 WARM UP - 8:00 AM <<RANGERS Awards>>

SESSION 3 **USAG • L7**
 WARM UP - 12:00 PM <<RANGERS Awards>>

SESSION 4 **USAG • XP, XG**
 WARM UP - 4:30 PM <<RANGERS Awards>>

XG: Achievers, Active, Alpha Omega, NVG, Precision, Southeast Gymnastics, Tall Timbers, Texas East

WHITE GYM - SAT

SESSION 2 **TAAF • L1-SM, L2-LG**
 WARM UP - 8:00 AM <<COWBOYS Awards>>

L1: ASI Cypress, EWA Ana, Forever, Olympo, Trinity **L2:** ASI Woodlands, Excite!, Texas Best, The Rock, Trinity, United Elite

SESSION 3 **TAAF • L1-LG, L2-SM**
 WARM UP - 11:15 AM <<COWBOYS Awards>>

L1: ASI Woodlands, EWA Prosper, Excite!
L2: ASI Cypress, EWA Prosper, Forever, Gymn Star Greenville, Gymn Star Sulphur, Nova, Olympo, EWA Ana

SESSION 4 **TAAF • L3**
 WARM UP - 2:15 PM <<COWBOYS Awards>>

SESSION 5 **TAAF • L4, L5**
 WARM UP - 5:30 PM <<COWBOYS Awards>>

BLUE GYM - SAT

SESSION 2 **USAG • L1, L2**
 WARM UP - 8:00 AM <<RANGERS Awards>>

SESSION 3 **USAG • L4, L5**
 WARM UP - 11:15 AM <<RANGERS Awards>>

SESSION 4
 WARM UP - 3:00 PM

**ACRO & TUMBLING
 Competition SATURDAY!**

Competition begins at 3:30 pm

SUNDAY • SUNDAY

RED GYM

SESSION 5 **USAG • L6**
 WARM UP - 8:30 AM <<RANGERS Awards>>

AKM, Altius, Elevate, EWA Ana, EWA Prosper, Fire Power, Gymnastic World, Rogue Athletics, SFGC YMCA, Southlake, Texas Academy TAG, US Gold, Victory

SESSION 6 **USAG • XG**
 WARM UP - 12:00 PM <<RANGERS Awards>>

Best Gymnastics, Elevate, EWA Ana, EWA Prosper, Extreme Temple, Gold Medal, Gymnastic World, Hot Gymnastics, Olympo, Rogue Athletics, Texas Elite Athletics, The Rock

SESSION 7 **USAG • XS**
 WARM UP - 3:45 PM <<RANGERS Awards>>

Alpha Omega, Best Gymnastics, Elevate, EWA Prosper, Fire Power, NVG, Precision, Texas East, Texas Elite, The Rock

WHITE GYM - SUN

SESSION 6 **TAAF • XS**
 WARM UP - 8:00 AM <<RANGERS Awards>>

SESSION 7 **TAAF • XG**
 WARM UP - 11:15 AM <<RANGERS Awards>>

SESSION 8 **TAAF • L6-8, XP, XD**
 WARM UP - 2:30 PM <<RANGERS Awards>>

SESSION 9 **TAAF • XB**
 WARM UP - 5:45 PM <<RANGERS Awards>>

BLUE GYM - SUN

SESSION 5 **USAG • L6**
 WARM UP - 8:30 AM <<COWBOYS Awards>>

Gold Medal, Texas Best, Texas East, The Rock, Thunder Elite, Top Flight, Waxahachie

SESSION 6 **USAG • XB**
 WARM UP - 12:00 PM <<COWBOYS Awards>>

SESSION 7 **USAG • XS**
 WARM UP - 3:45 PM <<COWBOYS Awards>>

Active, Gold Medal, Gymnastic World, Olympo, Rogue Athletics, Tall Timbers, Texas Tumblers

HOSTED BY



TRT Booster Club
 Supporting The Rock Team Gymnastics

Spectator Admissions - per session

\$28 - Adult Entry ages 12+
 \$17 - Children ages 3-12,
 Military & Seniors

All major cards accepted with a \$3 additional fee

Parking FOR ALL
TBA

Doors open 30 min
 before 1st session daily